



Boom

Henk van der Molen  
Henk Schmidt  
Manon de Jong  
Eveline Osseweijer  
Janneke Oostrom  
Benjamin de Boer

# Skills in Psychodiagnostics

Interactive course on [www.diskitpsy.com](http://www.diskitpsy.com)

2nd edition

## Skills in Psychodiagnostics



# Skills in Psychodiagnostics

Interactive course on [www.diskitpsy.com](http://www.diskitpsy.com)

Second edition

Editors:  
Henk van der Molen  
Henk Schmidt  
Manon de Jong  
Eveline Osseweijer  
Janneke Oostrom  
Benjamin de Boer

**Boom**

**website  
included!**

By registering the unique activation code below you can gain access to the website [www.diskitpsy.com](http://www.diskitpsy.com). This code is strictly personal, and is matched up with the 2nd edition. After activation you will have access to the website for the duration of three years. The code can be activated up to six months after the release of a new edition.

Layout of inside work: Textcetera, The Hague

Basic design cover: Dog & Pony, Amsterdam

Cover design: Haagsblauw, The Hague

Cover image: Kubkoo (Getty images)

Images book section pages: hobbit

© Van der Molen, Schmidt, De Jong, Osseweijer, Oostrom, De Boer & Boom uitgevers Amsterdam, 2019

*Subject to the exceptions set out in or pursuant to the Dutch Copyright Act [Auteurswet], no part of this book may be reproduced, stored in a database or retrieval system, or published in any form or in any way, electronically, mechanically, by print, photoprint, microfilm or any other means without prior written permission from the publisher.*

*Insofar as the making of copies of this edition is allowed on the basis of Section 16h of the Dutch Copyright Act, the legally due compensation should be paid to the Dutch Reproduction Rights Association [Stichting Reprorecht] (P.O. Box 3051, 2130 KB Hoofddorp, The Netherlands, [www.reprorecht.nl](http://www.reprorecht.nl)). For the inclusion of excerpts from this edition in a collection, reader and other collections of works (Section 16 of the Copyright Act 1912) please contact the Dutch Publication and Reproduction Rights Organisation [Stichting Publicatie- en Reproductierechten Organisatie] at P.O. Box 3060, 2130 KB Hoofddorp, [www.stichting-pro.nl](http://www.stichting-pro.nl)).*

*No part of this book may be reproduced in any form, by print, photoprint, microfilm or any other means without written permission from the publisher.*

*We have done our best to find all copyright owners of photographic and other material in this publication. We ask anyone who believes that his or her material has been used in this work without prior permission to please contact us.*

ISBN 978 90 244 2543 3

ISBN 978 90 244 2546 4 (e-book)

NUR 133

[www.diskitpsy.com](http://www.diskitpsy.com)

[www.boomhogeronderwijs.nl](http://www.boomhogeronderwijs.nl)

# Preface from the Publisher

With this book you have obtained half of the educational package that you purchased. The other half exists on the website **[www.diskitpsy.com](http://www.diskitpsy.com)**, for which this book functions as a handbook. With the code on the inside of the cover you can get full access to the website, which consists of nine modules (Diskits) that can be used to practice your skills in psychodiagnostics.

On the website you will also find information for students and teachers, and a 'demo' of the Diskits, which allow you to get an idea of the programs even without a code.

Students can use the code in the book to register themselves into the system, after which their teachers can track their progress. Teachers can also acquire a separate code from the publisher, which allows them access to the student tracking system.

We are convinced that the Diskit team has delivered a unique performance by disentangling the complex practice of psychodiagnostics into meaningful parts, and by providing students with the opportunity to learn how to discern the different skills through the Diskits and gain experience with them.

Included skills are:

- Introduction to psychodiagnostics
- Systematic observation
- Professional ethics
- Differential diagnostics of psychopathology
- Using tests in clinical practice
- Differential diagnostics of developmental disorders
- Using tests for child and youth psychopathology

We hope you enjoy the material and will be happy to receive any remarks or suggestions that you may have.

The Hague, The Netherlands, May 2019

# Preface to the second Edition

Psychodiagnostics is an important part of the work of psychologists and educationalists. The clinical or health care psychologist tries to find out what the patient or client is suffering from; the developmental psychologist and educationalist investigate how the problems of a child or adolescent have developed. It is not so easy to come to a clear diagnosis, because different factors often play a role here. For well-founded diagnostics, psychologists and educationalists can use interviews and psychological tests. Eventually, the information collected through these interviews and tests have to be combined in order to reach a final decision. The goal is to create a starting point for advice and treatment.

## *The Diskit Projects: The Development of Interactive Learning Modules*

Because psychodiagnostics is a complex part of the profession, it is important to adequately prepare students for this, during their courses. In order to modernize these preparations, the programmes for psychology of the Erasmus University Rotterdam, the Open University of Netherlands, and the University of Twente have collaborated on the Diskit projects. Diskit means Diagnostic Skill Training. The goal of these projects was to create interactive computer programs. With these learning materials, so-called Diskits, students can train themselves in professional skills, which they need for adequate psychodiagnostics. The Diskits can be applied in a wide variety of educational programmes. A Diskit is an interactive computer programme that consists of a large number of short video clips or texts to which students should respond.

During the projects, nine Diskits have been developed: three general Diskits, two Diskits for clinical psychological diagnostics concerning adults, and two Diskits for developmental psychological diagnostics

concerning children and adolescents; for two of these Diskits both a beginners version and an advanced version have been developed.

### *Goal of this Book*

The goal of this book was twofold: on the one hand to give students insight into the goal and the procedure of the Diskits, and on the other hand to provide information to teachers and students who want to know more about professional requirements, backgrounds, and results of the Diskit projects. Therefore the book is mostly intended as a concise and easy-to-use handbook: it provides an overview of what will be discussed in general terms in the different Diskits. The book, of course, cannot replace the Diskits.

### *Working with the Diskits*

The students will receive most of the training in diagnostic skills by going through the Diskits on their own and then applying them in practicals, during which role-playing can be used, for example. The Diskits are available on [www.diskitpsy.com](http://www.diskitpsy.com). In this book the reader can find the code to enter the site. Teachers can acquire a code from the publisher, which also allows them access to the site. There they will find the responses their students have given to the questions and assignments of the different Diskits. Teachers can choose freely how to implement the Diskits in their educational programme. In each chapter the authors have indicated how and in what part of the psychological curriculum the presented Diskit is applied.

### *Differences with the first edition*

The main difference between this second edition and the first edition is that a lot of video fragments of interactions between psychologist and client or client systems have been renewed on the associated website. We are convinced that this innovation has led to a more contemporary representation of these interactions. Because the structure of the Diskits has remained unchanged, the text of this reference book is virtually unchanged.

## *Acknowledgements*

Finally, we would like to express our gratitude to different parties and persons for the realization of our project: first, to the two subsidiaries who have contributed to the Diskit projects. These are the Stichting SURF, which has supported the first project, and the Digitale Universiteit (DU), which has supported the second project. Secondly, we would like to thank all actors who performed in the different Diskits, either in the role of psychologist or in the role of client, for their efforts. Thirdly, we need to mention Janneke Wolters, Barbara Kuiper, Lenneke van der Mark and Suzanne Batelaan at Boom publishers. Last but not least, we owe many thanks to all employees of the Erasmus University Rotterdam, the Open University Netherlands, and the University of Twente, who have participated in the projects.

We hope that the Diskits will find their way into higher education and welcome any feedback. You can provide this through the website.

Rotterdam, The Netherlands, May 2019

Henk T. van der Molen  
Henk G. Schmidt  
Manon A. de Jong  
Eveline M. Osseweijer  
Janneke K. Oostrom  
Benjamin J. de Boer

Psychodiagnostics is an important, and complex part of the work of psychologists and educationalists. With the aid of this textbook and the accompanying interactive course on [www.diskitpsy.com](http://www.diskitpsy.com), students are able to develop the professional skills they need to perform psychodiagnostics.

The online course requires students to complete increasingly complex assignments, many of which include observing videos of interactions between professional caregivers and their clients. Having completed an online assignment, students receive immediate expert feedback. The textbook gives students a clear and comprehensive overview of everything that is covered in the online course.

**Skills in Psychodiagnostics** consists of 7 modules (called Diskits):

- Introduction to psychodiagnostics
- Systematic observation
- Professional ethics
- Differential diagnostics of psychopathology
- Using tests in clinical practice
- Differential diagnostics of developmental disorders
- Using tests for child and youth psychopathology

In this second edition much of the video material was improved to better resemble current professional practice. The revised website can now be easily used on a tablet or smartphone.



9 789024 425433

[www.diskitpsy.com](http://www.diskitpsy.com)  
[www.boomhogeronderwijs](http://www.boomhogeronderwijs)